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Understanding the Psychodynamics of Mentacide

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The late Black psychologist Dr. Bobby E. Wright, one of our wisest Ancestors, defined “mentacide” as a form of insanity that leaves many of us thinking out of the mind of the European as if it were our own. It is the state of being, psychologically brain-dead and having ones thoughts replaced with alien ones, a state akin to being a “zombie”. Mentacide is derived from the root word menta, meaning “mental or thinking”, and cide, meaning “to kill”. Mentacide means to kill the mental process, to kill one’s normal thought processes, essentially, to kill one’s own mind. In that there is still a thought process at work, mentacide also means that an artificial, alien collection of thoughts and way of thinking have replaced what has been altogether suppressed or removed.

Nana Wright, of course, was specifically referring to Afrikans under the domination of global white supremacy. He explained that mentacide is a genocidal strategy which turns a people against themselves in service to those who are working to destroy them. Because they have been thoroughly convinced that their destroyers loved and appreciation is critical to their humanity in this reality as well as their salvation in the nety, they seek to make alliances with their destroyers in order to be close enough to prove themselves worthy of this elusive love and, therefore, be released from their pain. They come to see their enemy as having the preponderance of power (to change the nature of the severely imbalanced intergroup relations) and as being superior by God-given right. These vanquished individuals see each other as enemies while their true anime is looked upon as their ultimate friend. A confusion their enemy has created in their psychology.

Nana Wright makes it clear, though, that mentacide is only possible when the oppressor controls (or exercises a significant amount of power over) the resources and ideology/politics/mission of those institutions (educational, religious, economic, familial, political, media, and so on) that are fundamentally essential to the survival of the group they work to destroy. The oppressor must control those institutions which teach the oppressed what and how to think. Without this control, they could not be effective in turning a group against itself.

The basic requisite to the very existence of a people is their national identity. That identity must be reinforced by the culture and transmitted from generation to generation through the language and customs that have been institutionalized over time. All matters of social conduct and behavior transmitted and communicated through language, art, music, spirituality, and science are the products of the societal imperatives of the people and are legitimized by accepted customs and occasion. The mentality, or the view of self, endows the personality with a confidence that is vital in negotiating all physical, political, economic, and social relationships. The existence of a people can be measured by the extent to which they have confidence in themselves as a people and to which their national memory is intact. Thus, to annihilate a peoples cultural reference points, that is, national memory, spirituality, social and political

acumen, Ancestral icous, and so on, is to kill the people menatly (mentacide) and to subject them to dependence upon the killer who substitutes his culture for the culture of the victim. This again is an act of mentacide, the by-products being internecine, fratricide and, in the long term, mass murder of a people.